## US History Lesson One

## Quiz

1. If we delete history:	
a. It gives us a fresh start.	
b. We don't learn anything from it.	
c. We create new and better ways	
2. People who don't know their history are:	
a. Open to new ideas	
b. Uncluttered by the past	
c. Doomed to repeat it	
3. We study history: (check which does not apply)	
a. To understand the present.	
b. To learn from the past mistakes.	
c. Only in order to meet educational requirements.	
d. To develop critical thinking skills	
4. Learning history helps you appreciate:	
a. Cultural heritage.	
b. National heritage.	
c. Heritage of people and places.	
d. All of the above	

5. The best leader of a nation is going to be someone who knows history. TRUE / FALSE  $\,$ 

6. What is primary source history?	
a. Elementary level sources	
b. Original sources.	
c. The largest sources	
7. Comparative history is:	
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a. Comparing different forms of studying history.	_
b. Comparing different forms of studying history.	
c. Studying similar events from different cultures or countries	
8. Interpretive history is:	
a. Interpreting history to suit a certain message.	
b. Being able to understand ancient writings.	П
c. Studying situations and events with great understanding	
e. Studying situations and events with great understanding	
9. History is ultimately:	
a. Learning things about culture.	
b. Learning things about God.	
c. Learning things about nations.	
10. History is divided into three broad categories: ancient, mide	dle and
a. Top.	
b. Future.	
c. Modern.	
11. Leif Erickson was:	
a. A native American.	
b. A Welsh monk.	
c. A Viking.	

12. The settlement he started was in:		
a. Newfoundland, Canada		
b. New York State, USA.		
c. Seward, Alaska, USA.		
13. The Viking settlement did not become a permaner	nt settlement. TRUE / FA	LSE
14. The Vikings landed in North America in		
a. 1000 A.D.		
b. 10 AD		
c. 100 A.D.		

### Activities

- 1. Find an image of leaf Erickson and create an image of him on tabloid sized paper. You can do a pencil drawing, a painting, using watercolors or oils, or make a collage.
- 2. Investigate the type of boat Leif Erickson would have used to sail to Canada. Imagine you are on this journey with him and writing a journal of your experiences. Write two journal entries, both of no more than a page of letterhead for each. On the first one, write an entry called, "A day in the life of being at sea in a Viking boat." This one should cover what your daily life might've been, what you ate, what you could see, smell, and experience, and how you might have felt not knowing where you were sailing and might discover. The second entry should be titled, "A day in the life of a Viking settler." In this one, write about your experiences trying to build a settlement in Canada. Think about the animals you might have encountered, the sounds and smells, and what you might have done in a day building the settlement. You can also include an encounter with Native Americans.
- 3. Think about your own family history and how this has shaped who you are, your future plans and what you have already learned from your family history. These can be good or bad experiences. For example, if you have a relative who contracted a lung disease because he worked down a mine, how might this affect you, your future plans, and your decision-making? Write half a letterhead sheet citing at least 2 incidents in your family history and how these have affected your decision-making.

- 4. Take one of the historical events or people listed below and show how interpretive history has presented the events or the person to suit a certain message. Identify who the person or group is that is presenting the interpretation, what their interpretation is, and what message they are trying to promote through this interpretation.
  - a. The holocaust.
  - b. The pilgrims
  - c. George Washington.
- 5. In the Bible, God told the children of Israel to institute national feasts. This was done so that they could reflect back on their experiences, remember, and learn from their history. Take one of these feasts and investigate what instructions they were given regarding that feast, what they were to remember, and how that was to affect their decision making in the present and future.
- 6. Interview 4 adults and ask them to reflect on their history and each give you 3 key things they would like you to learn from their past experiences. Document these three things from each adult.
- 7. Write and acrostic poem about the importance of learning history, using the letters that form the word HISTORY.

# Acrostic Poem The Importance of Learning History

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# A day in the life of being at sea in a Viking boat

## A day in the life of a Viking settler

Two incidents in my family history and how these have affected my decision-making:

## Interview Sheet

Interviewer Name :	Date:
Interviewee One:	
Things to learn from past experiences:	
1	
2	
2	
3	

## Answer sheet

- 1. B
- 2. C
- 3. C
- 4. D
- 5. TRUE
- 6. B
- 7. C
- 8. A
- 9. B
- 10. C
- 11. C
- 12. A
- 13. TRUE
- 14. A